



La Crosse County Library
Bangor - Campbell - Holmen
Onalaska - West Salem

Contemporary Issues: **Body Image** Teen Fiction

Anderson, Laurie Halse. [Wintergirls](#)

Bennett, Cheri. [Life in the Fat Lane](#)

Block, Francesca. [The Hanged Man](#)

Crutcher, Chris. [Staying Fat for Sarah Byrnes](#)

Dessen, Sarah. [Keeping the Moon](#)

Deuker, Carl. [Gym Candy](#)

Fairfield, Lesley. [Tyranny](#) (Teen GN)

George, Madeleine. [Looks](#)

Going, K. L. [Fat Kid Rules the World](#)

Hall, Liza F. [Perk! The Story of a Teenager with Bulimia](#)

Hautzig, Deborah. [Second Star to the Right](#)

Headley, Justina Chen. [North of Beautiful](#)

Holt, Kimberly Willis. [When Zachary Beaver Came to Town](#)

Kessler, Jackie Morse. [Hunger](#)

Littman, Sarah. [Purge](#)

Lynch, Chris. [Extreme Elvin](#)

Mackler, Carolyn. [The Earth, My Butt and Other Big, Round Things](#)

Marino, Peter. [Dough Boy](#)

Naylor, Phyllis Reynolds. [The Grooming of Alice](#)

LS 9-03, KS 3-07, KS 9-11

Newman, Leslea. [Fat Chance](#)

Perez, Marlene. [Unexpected Development](#)

Vaught, Sarah. [Big Fat Manifesto](#)

Vrettos, Adrienne Maria. [Skin](#)

Wilson, Jacqueline. [Girls Under Pressure](#)

Whytock, Cindy. [My Cup Runneth Over: the Life of Angela Cookson Potts](#)

Zadoff, Allan. [Food, Girls and Other Things I Can't Have](#)

Zephaniah, Benjamin. [Face](#)

Teen NonFiction

Gray, Heather. [Real Girl/Real World: Tools for Finding Your True Self](#)
(Teen 305.235 Gr)

Thayne, Emma Lou. [Hope and Recovery: A Mother-Daughter Story about Anorexia Nervosa, Bulimia, and Manic Depression](#) (Teen 362.1 Th)

Bompa, Tudor O. [Total Training for Young Champions](#) (Teen 613.7042 Bo)

Schwager, Tina. [The Right Moves](#)
(Teen 613.7043 Sc)

Youngs, Jennifer Leigh. [Feeling Great, Looking Hot, & Loving Yourself!](#)
(+ 613.7043 Yo)

Gaede, Kristina. [Fitness Training for Girls: A Teen Girl's Guide to Resistance Training, Cardiovascular Conditioning and Nutrition](#) (Teen 613.71 Ga)

Rocha, Toni. [Understanding Recovery from Eating Disorders](#) (Teen 616.8526 Ro)

Graydon, Shari. [In Your Face: The Culture of Beauty and You](#) (Teen 646.7 Gr)